

# Lower Fields Primary Academy

Homemade bread, selection of seasonal vegetables or fresh salad served daily

Wk 1 - 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 10th Mar, 31st Mar  
 Wk 2 - 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar  
 Wk 3 - 18th Nov, 9th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar

## MON

## TUES


## WED

## THUR

## FRI


### WEEK 1


 **Vegetarian Chilli & Nachos**  
(Served with Garlic Bread or Rice & Salad)

 **Halal Beef Bolognaise**  
(Served with Pasta, Garlic Bread & Salad)

 **Spaghetti Marinara**  
(Served with Garlic Bread & Salad)

Assorted Sandwiches


 **Jam Sponge**  
(Served with Custard)


 **Freshly Prepared Fruit**

**Minced Beef & Onion Pie**  
(Served with New Potatoes & Seasonal Vegetables)

 **Cheese & Potato Flan**  
(Served with New Potatoes, Seasonal Vegetables or Salad)


Assorted Jackets / Sandwiches

 **Blondie**  
(Vanilla flavoured chewy cookie-like texture)

 **Freshly Prepared Fruit**


**Roast Meat**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)


 **Vegetarian Cottage Pie**  
(Served with Yorkshire Pudding, Seasonal Vegetables & Gravy)

 **Halal Roast Chicken**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Assorted Baguettes / Sandwiches

**Sprinkle Cake**  
(Vanilla Sponge topped with water icing and sprinkles)

 **Freshly Prepared Fruit**

 **Cheese & Tomato Pizza with Chipped Potatoes**  
(Served with Chipped Potatoes, Baked Beans or Salad)

 **Quorn Sausage**  
(Served with Chipped Potatoes & Salad)

Assorted Jackets

 **Chocolate Sponge**  
(With Chocolate Sauce)

 **Freshly Prepared Fruit**

**Chicken Goujons**  
(Served with Jacket Wedges, Coleslaw or Salad)

**MSC Battered Fish**  
(Served with Jacket Wedges and Seasonal Vegetables or Salad)

 **Vegetable Pakoras**  
(Served with Jacket Wedges, Riata & Salad)

Assorted Jackets / Sandwiches

 **Butterfly Buns**

 **Freshly Prepared Fruit**

### WEEK 2


 **Spicy Vegetable Spring Roll**  
(Served with Riata, Jacket Wedges, Salad or Sweetcorn)

 **Halal Meat Lasagne**  
(Served with Garlic Bread & Salad)


 **Vegetarian Lasagne**  
(Served with Garlic Bread & Salad)


Assorted Baguettes / Sandwiches

 **Flapjack**


 **Freshly Prepared Fruit**


**Pasta Bolognaise**  
(Pasta Bolognaise with Salad)

 **Halal Chicken Jalfrezi**  
(Served with Pilau Rice & Salad)

 **Pomodoro Pasta**  
(Served with Fusilli Pasta, Crusty Bread & Salad)


Assorted Jackets / Sandwiches

 **Honey Cake**  
(Sponge Cake topped with Honey, served with Custard)


 **Freshly Prepared Fruit**


**Roast Meat**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)


 **Cheese Roll**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)


 **Quorn Roast Dinner**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

Assorted Baguettes / Sandwiches

 **Lemon Shortcake**  
(Served with Custard)

 **Freshly Prepared Fruit**

 **Cheese & Tomato Pizza with Wedges**  
(Served with Jacket Wedges, Coleslaw & Salad)

 **Loaded Vegetable Pizza**  
(Served with Jacket Wedges, Coleslaw & Salad)

Assorted Jackets

 **Chocolate Sponge**  
(With Chocolate Sauce)


 **Freshly Prepared Fruit**

**All Day Brunch**  
(Sausage, Scrambled Egg, Baked Beans, Chips or Hash Brown & Bread and Butter)

**MSC Fish Fingers**  
(Served with Chipped Potatoes & Baked Beans or Salad)

 **All Day Vegetarian Brunch**  
(Quorn Sausage, Scrambled Egg, Baked Beans, Chips & Bread and Butter)


Assorted Sandwiches


 **Volcano Buns**  
(Cookies with a Jam / Lemon filled middle)

 **Freshly Prepared Fruit**

### WEEK 3


**Pork Meatballs in Tomato Sauce**  
(Served with Spaghetti, Garlic Bread & Salad)

 **Halal Chicken Biryani**  
(Served with Flat Bread & Salad)

 **Arrabiata Pasta**  
(Served with Garlic Bread & Salad)

Assorted Baguettes / Sandwiches

 **Ice Cream Tubs**


 **Freshly Prepared Fruit**

 **Savoury Roll**  
(Served with Jacket Wedges & Salad or Sweetcorn)

 **Homemade Cheese & Onion Pasty**  
(Served with Jacket Wedges & Salad or Sweetcorn)


Assorted Jackets / Sandwiches

 **Fruit Jelly**

 **Freshly Prepared Fruit**

**Roast Meat**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

 **Halal Chicken Tikka Roast**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

 **Vegetarian Toad in the Hole**  
(Served with Roast Potatoes, Seasonal Vegetables & Gravy)

Assorted Baguettes / Sandwiches

 **Paris Sandwich**  
(Served with Custard)

 **Freshly Prepared Fruit**


**Chicken Burrito**  
(Served with Tortilla Chips, Coleslaw or Salad)

 **Cheese & Tomato Pizza with Tortilla Chips**  
(Served with Tortilla Chips, Coleslaw & Salad)

 **Mexican Burrito**  
(Served with Tortilla Chips, Coleslaw or Salad)

Assorted Jackets

 **Marble Sponge**  
(With Chocolate Sauce)

 **Freshly Prepared Fruit**

**MSC Fishcake**  
(Served with Ketchup, Chipped Potatoes, Baked Beans or Salad)

 **Vegetable Dippers**  
(Served with Ketchup, Chipped Potatoes, Baked Beans or Salad)

**MSC Salmon & Sweet Potato Fishcake**  
(Served with Ketchup, Potato Wedges, Baked Beans or Salad)

Assorted Jackets / Sandwiches

 **Oat Cookie**

 **Freshly Prepared Fruit**



the **food quarter**

For full allergen & nutritional information head to

<https://schoolmeals.bradford.gov.uk>

## FM SERVICES



City of **BRADFORD**  
METROPOLITAN DISTRICT COUNCIL

