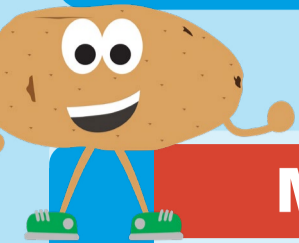


Lower Fields Primary Academy

Homemade bread, selection of seasonal vegetables or fresh salad served daily

Wk 1 - 21st Apr, 12th May, 2nd Jun, 23rd Jun, 14th Jul, 1st Sep, 22nd Sep, 13th Oct
Wk 2 - 28th Apr, 19th May, 9th Jun, 30th Jun, 21st Jul, 8th Sep, 29th Sep, 20th Oct
Wk 3 - 5th May, 26th May, 16th Jun, 7th Jul, 28th Jul, 15th Sep, 6th Oct, 27th Oct



MON

TUES

WED

THUR

FRI

WEEK 1

- Cheese Flan**
(Served with Paprika Potatoes, Seasonal Vegetables or Salad)
- Fajita Pasta Bake**
(Served with Crusty Bread, Salad or Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**
- Apple Cake**
(Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)
- Freshly Prepared Fruit**

- Chicken Tikka Masala**
(Served with Rice & Salad)
- Halal Chicken Korma**
(Served with Naan Bread & Salad)
- Quorn Meatballs**
(Served with Garlic Bread & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**

- Roast Dinner**
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- Halal Roast Chicken Tikka Dinner**
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- Veggie Mince Shepherds Pie**
(Served with Yorkshire Pudding & Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches

- Cheese & Tomato Pizza**
(Served with Chips & Beans or Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Marble Sponge**
(Served with Chocolate Sauce)
- Freshly Prepared Fruit**

- Southern Fried Chicken Goujons**
(Served with Jacket Wedges, Salad or Seasonal Vegetables)
- MSC Battered Fish**
(Served with Jacket Wedges, Salad or Vegetables)
- Vegetable Dippers**
(Served with Ketchup, Jacket Wedges, Salad or Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches

- Ice Cream Tubs**
- Freshly Prepared Fruit**

WEEK 2

- Cheese & Tomato Pinwheel**
(Served with Seasoned Potatoes & Salad or Seasonal Vegetables)
- Bombay Veg Biryani**
(Curried Vegetables & Rice served with Naan Bread & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**
- Chocolate Crispy Crunch**
- Freshly Prepared Fruit**

- Chilli & Rice**
(Served with Salad)
- Halal Chilli**
(Served with Rice & Salad)
- Arrabiata Pasta**
(Served with Crusty Bread & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**

- Roast Dinner**
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- Halal Roast Chicken Tikka Dinner**
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- Quorn Roast**
(Served with Yorkshire Pudding & Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches

- Cheese & Tomato Pizza**
(Served with Chips & Beans or Salad)
- Savoury Rolls**
(Served with Chips & Salad or Beans)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Chocolate Sponge**
(Served with Chocolate Sauce)
- Freshly Prepared Fruit**

- MSC Fish Fingers**
(Served with Jacket Wedges & Salad or Seasonal Vegetables)
- Quorn Sausage in a Bun**
(Served with Jacket Wedges & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches

- Oat Cookie**
- Freshly Prepared Fruit**

WEEK 3

- Mac & Cheese**
(Served with Crusty / Garlic Bread & Salad)
- Chickpea Tikka Masala**
(Served with Naan Bread & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**
- Jam Sponge**
(Served with Custard)
- Freshly Prepared Fruit**

- Chicken Pie**
(Served with Seasoned Potatoes & Seasonal Vegetables)
- Halal Keema & Peas**
(Served with Pilau Rice & Salad)
- Cheese Roll**
(Served with Seasoned Potatoes & Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Hot Sub Roll**

- Beef Burger in a Bun**
(Served in a Bun, with Jacket Wedges & Salad)
- Halal Beef Burger in a Bun**
(Served in a Bun, with Jacket Wedges & Salad)
- Quorn Burger in a Bun**
(Served with Jacket Wedges & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- Fruit Jelly**
(Fruit Jelly topped with Cream)
- Freshly Prepared Fruit**

- Cheese & Tomato Pizza**
(Served with Chips & Beans or Salad)
- Loaded Vegetable Pizza**
(Served with Chips & Salad)
- Assorted Jacket Potatoes
- Chocolate Sponge**
(Served with Chocolate Sauce)
- Freshly Prepared Fruit**

- MSC Fish Fingers**
(Served with Creamed Potatoes & Seasonal Vegetables)
- MSC Salmon & Sweet Potato Fishcake**
(Served with Creamed Potatoes & Seasonal Vegetables)
- Breaded Cheese & Vegetable Grill**
(Served in a Bun with Salad & Optional Coleslaw)
- Assorted Jacket Potatoes
- Selection of Sandwiches

- Vanilla Cookie**
- Freshly Prepared Fruit**



the **food quarter**
FM SERVICES

For full allergen & nutritional information head to our app

